Vitamin D Nutritional Policy is at a Crossroads

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The recent 2011 Institute Of Medicine (IOM) report on vitamin D nutritional guidelines is not significantly different from the 1989 IOM report. In addition there are a number of concerns with several aspects of the 2011 IOM report that require discussion. This abstract summarizes the recent dramatic increase in the understanding of the many biological actions of vitamin D which make it essential, require discussion. This abstract summarizes the recent dramatic increase in understanding of the many biological actions of vitamin D which make it essential, require discussion. This abstract summarizes the recent dramatic increase in understanding of the many biological actions of vitamin D which make it essential, require discussion.

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